

# Healthy Family Teams Contact Details

## Advice Line

0300 123 3387 (OPTION 4)

### ChatHealth

TEXT ONLY 07507 329952 (11-19 YEAR OLDS)

### Parentline

TEXT ONLY 07520 619919

### Health for U5s

WWW.HEALTHFORU5S.CO.UK

### Family Nurse Partnership

01623 484829

### Health for Kids

WWW.HEALTHFORKIDS.CO.UK

### Health for Teens

WWW.HEALTHFORTEENS.CO.UK

[www.nottinghamshirehealthcare.nhs.uk/healthy-family-teams](http://www.nottinghamshirehealthcare.nhs.uk/healthy-family-teams)



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